Kyrgyz Landscape Medley



Days: 10

Price: 1150 USD

International flight not

included

Comfort: ★★★★☆

Difficult: ★★★☆☆

Nomadic lifestyle Ethnic minority

◆ Adventure ◆ Must see

Travel the country from south to north and discover an impressive variety of **extraordinary landscapes**: gorges, canyons, lakes, forests and high summits are at the program of this Kyrgyz adventure.

During this trip, you'll be able to meet local families and participate in their daily life.

This is an ideal program for the spring and fall

Day 1-2. Arslanbob's waterfalls



Osh - Jalal-abad

This morning, our Kyrgyz'What? team picks you up at your hotel. We leave for Jalal-Abad, the third biggest
city in Kyrgyzstan. On the road, we'll visit the historical sight of <u>Uzgen</u>, where you'll be able to see three
mausoleums and one minaret from the **11th century**.

Jalal-abad - Arslanbob

After driving on a dirt road, we finally reach the picturesque Uzbek village of Arslanbob. Nestled in the
mountains at an altitude of 1600m, besides one of the world's largest walnut forests, this village, which
looks like no other in Kyrgyzstan, is a paradise for hikers.

Day 1

• We explore this small village, where time seems to have stopped.

Our host family shows us some **local cuisine**: plov (rice with carrots and meat), mastava, or borsok (fried bread).

Day 2

• Today, we go for a hike in the **walnut forest**, where we'll be able to glance at two splendid waterfalls. We'll take our lunch in this relaxing and stunning environment.

4-5 hours hike

■ Breakfast
 Guest house
 ¶ Lunch
 Guest house
 ¶ Dinner
 Guest house
 ♠ Accommodation
 Guest house

Day 3-4. The turquoise waters of Sary Chelek



Arslanbob - Arkit village

• We get back on the road for **Sary-Chelek**. We cross mountainous landscapes, with their bright contrasting colors. Lunch on the road.

Day 4

• This morning, we go **horseback riding** to discover this little lake at 1837m (6027 ft) altitude.

We can rest by the lake, and even go for a short swim in its clear water.

■ Breakfast

3 Guest house
4 Guest house

1 Lunch

1 Prepared by your team

2 Dinner

3 Guest house

4 Guest house

6 Accommodation

Guest house

Day 5. The Toktogul dam



Arkit village ♥
♣ 260km - ② 5h
Toktogoul Lake ♥
Toktogul ♥

Arkit village - Toktogoul Lake

• We take the road towards Toktogul, a large artificial lake of 284km2.

The landscape is breath-taking, with mountains and cliffs of all colors. We go through the magnificent Low-Naryn gorge, and follow a river of the same name. The turquoise water only adds to the beauty of the scenery.

▶ Breakfast
 ☐ Guest house
 ☐ Local restaurant
 ☐ Dinner
 ☐ 2 stars hotel
 ☐ Accommodation
 ☐ 2 stars hotel

Day 6. Along the Kekemeren River



Chychkan ♥
♣ 150km - ② 2h 30m
Suusamyr valley ♥
♣ 45km - ② 1h
Kyzyl-Oi ♥

Chychkan - Suusamyr valley

• Finally, we arrive in the **Suusamyr Valley**, and are amazed by its superb landscape – one that you could easily find on a postal card of Kyrgyzstan.

Suusamyr valley - Kyzyl-Oi

• We continue our trip to Kyzyl Oi, which translates as "the red bowl".

This little village, located at 1800m altitude (5905ft), gets its name from the surrounding red mountains. The road is a little harsh, but this new landscape will astonish you.

• We go for a short three-hour hike to discover this unexpected environment.

■ Breakfast
2 stars hotel
¶ Lunch
Homestay

★ Accommodation

Guest house

Day 7. Horseback riding at Son Kul Lake



Kyzyl-Oi ♥ ♣ 140km - ② 4h Son Kul lake ♥

Kyzyl-Oi - Son Kul lake

- We arrive on the shores of Son Kul Lake. This huge alpine lake is an important water reserve in Kyrgyzstan.
 Nestled in the celestial mountains, it is located at 3016 m (9895 ft) above sea level. Its crystal clear water changes colors depending on the weather, which can change every hour. The lake takes on blue, turquoise and sometimes even orange colors. It hosts nomadic shepherds and their herds in the warm months of summer.
- You can enjoy the day, relax, and discover the daily life of our host family. You might be lucky enough to attend the production of Kumys, the local mare milk, or see how shepherds gather their herds.

You can also go for a small horseback riding adventure near the lake after lunch.

■ Breakfast	Guest house
₩¶ Lunch	Homestay
▼ Dinner	Homestay
★ Accommodation	Yurt Homestay

Day 8-9. The enchanting Issyk Kul Lake



Son Kul lake ♥

120km - ② 2h 40m
Kochkor ♥

120km - ③ 1h 40m
Bokonbayevo ♥

Son Kul lake - Kochkor

We continue to the village of Kochkor, famous for its local tourism development initiatives. We visit a
women's association where they make felt rugs (sherdaks) and other handicraft.

Kochkor - Bokonbayevo

• We arrive at Bokonbayevo, small village on the south shore of Issyk Kul Lake.

This morning, we attend an **eagle hunting demonstration**. The Kyrgyz hunter, on his horse, will show you the impressive agility of his eagle, who will have to catch small preys like a rabbit.

Day 9

- We visit the superb Skazka Canyons, whose name translates as **Fairy Tale Canyons** in Kyrgyz language. Formed from erosion, the rocks tower over the Issyk Kul Lake and offer a great contrast in color. Let your imagination work to make out the shapes of the rocks.
- After dinner, we will get entertained by a group of musicians playing traditional Kyrgyz music.

■ Breakfast	8 Homestay 9 camp
₩ ¶ Lunch	8 Homestay 9 camp
▼ Dinner	camp
★ Accommodation	camp

Day 10. Back to Bishkek



Bokonbayevo ♥

♣ 280km - ② 5h

Bishkek ♥

Bokonbayevo - Bishkek

- This is our last day before getting back to the capital. We leave the mountains of Kyrgyzstan, where we met a generous culture, and go back to Bishkek. Drop-off at your hotel, where you'll be able to relax.
- We visit the **Osh Bazar**, one of the most fascinating markets in Kyrgyzstan. Enjoy the colors and the smells coming from stands of dry fruits and spices. You can also buy a few traditional souvenirs to bring home.
- Walk on the Ala Too Square in the center of Bishkek. Meeting place for Bishkek's youth, it comes alive every
 evening with families and friends who come here to relax. It's also an important historical place, since it
 hosted several revolutions.

■ Breakfast	camp	
Y1 Lunch	Local restaurant	
★ Accommodation	Hotel 3 star	

Itinerary map



Individual price per person

2-2	3-3	4-4	5-5	6-6	7-7	8-8
2900 USD	2150 USD	1750 USD	1550 USD	1350 USD	1250 USD	1150 USD

Included

- 1 night in a local hotel
- 4 nights in guest houses
- 2 nights in family yurts
- 2 nights in yurt camps
- 1 night in a 3* hotel in Bishkek, breakfast included
- All meals during our excursion
- Mineral water
- · Car, driver and fuel
- English-speaking guide
- Local horse guides
- Horse rental
- Entrance fees for parks and museums
- Kitchen equipment (table and chairs)
- Sleeping bag

Not included

- International transport
- Domestic flight
- · Airport transfers
- Travel insurance
- Medical insurance
- Extra drinks / alcohol
- Meals in Bishkek
- Phone calls
- Any activity not mentioned in the program
- Extra fee for a single room