A 7 day pedestrian adventure off the beaten paths, between gorges and valleys. You’ll climb several high altitude passes and wonder at the landscape before you. Explore the lakes of the region.

Will you accept the challenge, from Talas to Sary-Chelek?

Day 1. Welcome and enjoy a barbecue in Chunkurchak

Manas airport - Bishkek

- Your driver will pick you up at your arrival at the Manas airport. Transfer to your hotel.
- Your guide will pick you up at 11H30 at the hotel lobby, to start exploring Kyrgyzstan’s beautiful nature. After a small one-hour hike in the valley of Chunkurchak, we settle for a delicious barbecue. You can enjoy your afternoon, relax in this calm environment, or continue your hike up to a waterfall.

<table>
<thead>
<tr>
<th>Lunch</th>
<th>Barbecue</th>
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<tbody>
<tr>
<td>Accommodation</td>
<td>Hotel 3 star</td>
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Day 2. Manas, Kyrgyzstan's hero

Bishkek - Talas

- We leave the mountains towards the city of Talas, a town that used to be on the Silk Road. We go through the magnificent Suusamyr Valley and its many yurts. We can see herds of horses, cows and sheep in the background. As we go on, the road becomes steeper, with two passes to cross: Too Ashu (3400 m) and Otmek (3326 m). We arrive in the Talas Valley, and discover its birch forest and waterfalls.
- As we reach Talas, we visit the Manas Ordo complex, where you’ll be able to see the Manas mausoleum, in honor of Kyrgyzstan’s great hero.

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Hotel 3 star</th>
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<tbody>
<tr>
<td>Lunch</td>
<td>Local restaurant</td>
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<tr>
<td>Dinner</td>
<td>Local restaurant</td>
</tr>
<tr>
<td>Accommodation</td>
<td>Kerben Palace</td>
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</table>
Day 3. Let's get ready for our adventure

Urmal gorge - Koiondy
- Early in the morning, we take the road to the Urmal Gorge, the beginning of our hike.

After meeting the team that will accompany us on this journey and preparing our equipment, we get started and follow our guide along the Urmal River. We’ll set our camp for the night at the juncture of the Chiym Tash and Shor-Alysh Rivers.

Also
3
- Breakfast
- Lunch
- Dinner
- Accommodation

Koiondy - Chiym Tash
- We leave towards the Chym-Tash Pass (3615m), and we leave behind us the green colors of the meadow, now giving place to morain glaciers. We set our camp at the foot of the pass, and enjoy a good night’s rest under the stars.

Elevation: 1000m

Also
4
- Breakfast
- Lunch
- Dinner
- Accommodation

Day 4. The Chiym Tash Valley

Chiym Tash - Kara-Kulja valley
- We walk on a rocky terrain, devoid of vegetation. The pass offers a breath-taking view on the Tian Shan summits, on the Kara-Kulja valley below us. We carefully go down in this direction. The descent is short but abrupt.

Also
5
- Breakfast
- Lunch
Day 6. The Kashka-Suu Valley

Kara-Kulja valley
7km - 3h
Jety-Sart pass
17km - 4h
Kashka-Suu Valley

- After a nourishing breakfast, we leave to climb the Jety Sart Pass (3300m) before going down in the valley of Kashka Suu. We walk through this alpine pasture to meet a few herds grazing here in the summer months. We cross a river, and set our camp for the night.

Elevation: 800m

Also

Breakfast, Lunch, Dinner, Accommodation
Tent camping

Day 7. Admiring the lake

Kashka-Suu Valley
10km - 6h
Kashka-Suu Pass

- A beautiful climb is planned for today. We leave the green meadow dotted with white and yellow flowers for a ground decorated with dark rocks. We climb up slowly. At the summit, we are welcomed with a triumphal view on the Kara Suu Valley. We find again a green landscape, nourished by a river. On the way, we’ll see a couple of riders. We set our camp close to the Kara Suu Lake.

Elevation: 700m

Also

Breakfast, Lunch, Dinner, Accommodation
Tent camping

Day 8. On the shores of the Kara Suu Lake

Kashka-Suu Pass
7km - 3h
Kara-Suu lake

- Today, we get to relax by the lake. We’ll go for a short hike near the Kara Suu alpine lake, nestled in the mountains at 2200m. We’ll be able to go for a swim.

Also

Breakfast, Lunch, Dinner, Accommodation
Tent camping
Day 9-10. A little break

Kara-Suu lake - Yiri-Kol
- We climb up the last pass in our adventure. The wooded path brings us to Koterme (2246m), from which we’ll be able to admire the surrounding lakes, including the Sary Chelek Lake. We go back down towards the Yiri Kol, at an altitude of 1800-2040m. We spend the night on the shores, after having enjoyed a swim in the lake.

Day 10
- We enjoy this free day around the lake. You’ll be able to explore the surroundings, or simply, to rest. You can also go horseback riding.

At the end of the day, we’ll be transferred to the village of Arkit, where our hosts will be waiting for us.

Also

Day 11. The Toktogul dam

Arkit village - Toktogul Lake
- We take the road towards Toktogul, a large artificial lake of 284km2. The landscape is breath-taking, with mountains and cliffs of all colors. We go through the magnificent Low-Naryn gorge, and follow a river of the same name. The turquoise water only adds to the beauty of the scenery.

Day 12. Visit Bishkek, Kyrgyzstan's capital
Day 13. Have a nice trip!

Bishkek - Manas airport

- Breakfast at your hotel. We drive you back to the airport at the time of your flight.

Itinerary map
Individual price per person

<table>
<thead>
<tr>
<th>2-2</th>
<th>3-3</th>
<th>4-5</th>
<th>6-6</th>
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<td>1550 EUR</td>
<td>1400 EUR</td>
<td>1290 EUR</td>
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Included

- Airport transfers
- 1 night in a 2* hotel in Bishkek, breakfast included
- 1 night in a lodge camp
- 2 nights in local hotels, in Talas and Osh
- 1 night in a guest house
- 1 night in a family yurt stay
- 7 nights camping, under tent
- Bottled mineral water
- All meals during the trip
- Driver, car and fuel
- English-speaking guide
- Local guide
- Horseman
- Cook for groups of more than 4 participants
- Horses to carry equipment
- IRIDIUM satellite phone
- Cooking material
- Sleeping material (tent, sleeping bag, mattress)

Not included

- International transport
- Passport and visa fees
- Medical insurance
- Travel insurance
- Extra drinks / alcohol
- Meals in Bishkek
- Phone calls
- Any activity not included in the program
- Extra fee if you have more than 20kg luggage (15 kg check-in, 5 kg carry on)
- Extra fee for a single room
- Extra fee for porter